

Glasgow 12's Fun Day 23/03/25 - Timetable

NB. All times are approximations -
athletes should listen to their team leaders for instructions.

Team A

| <u>Time</u> | <u>Event</u> |
|-------------|--------------|
| 10:00 | 60m Hurdles |
| 10:30 | Long Jump |
| 11:15 | 200m |
| BREAK | |
| 11:45 | Shot Put |
| 12:15 | 60m |

Team B

| <u>Time</u> | <u>Event</u> |
|-------------|--------------|
| 09:30 | Shot Put |
| 10:15 | 60m Hurdles |
| BREAK | |
| 11:00 | Long Jump |
| 11:30 | 200m |
| 12:00 | 60m |

Team C

| <u>Time</u> | <u>Event</u> |
|-------------|--------------|
| 09:30 | 200m |
| 10:00 | Shot Put |
| 10:45 | 60m Hurdles |
| BREAK | |
| 11:30 | Long Jump |
| 12:00 | 60m |

Team D

| <u>Time</u> | <u>Event</u> |
|-------------|--------------|
| 09:45 | Long Jump |
| 10:30 | 200m |
| 11:00 | Shot Put |
| BREAK | |
| 11:45 | 60m Hurdles |
| 12:25 | 60m |

Track Timetable

| <u>Time</u> | <u>Event</u> | <u>Team</u> |
|-------------|--------------|-------------|
| 09:30 | 200m | C |
| 10:00 | 60m Hurdles | A |
| 10:15 | 60m Hurdles | B |
| 10:30 | 200m | D |
| 10:45 | 60m Hurdles | C |
| 11:15 | 200m | A |
| 11:30 | 200m | B |
| 11:45 | 60m Hurdles | D |
| 12:00 | 60m | B & C |
| 12:15 | 60m | D & A |

Field Timetable

| <u>Time</u> | <u>Event</u> | <u>Team</u> |
|-------------|--------------|-------------|
| 09:30 | Shot Put | B |
| 09:45 | Long Jump | D |
| 10:00 | Shot Put | C |
| 10:30 | Long Jump | A |
| 11:00 | Shot Put | D |
| 11:00 | Long Jump | B |
| 11:30 | Long Jump | C |
| 11:45 | Shot Put | A |